LET’S DO RUNCH
Let’s do runch Los Angeles! Champagne Runch 3 will be held on Sunday, October 21, 2018. This is your race guide with all the info you will need for your Champagne Runch 3 experience! We highly encourage you to make memories so take a camera or go pro and create some memories with your friends. Enjoy the brunch and some drinks and take in all the beautiful scenery. Make sure to tag any pics or videos with #LETSUDORUNCH or #CHAMPAGNERUNCH.

RACE PACKET PICK UP
DATE: Saturday, October 20, 2018
TIME: 10am - 3pm
PLACE: Los Angeles State Historic Park, 1245 N. Spring Street, Los Angeles, CA 90012

Los Angeles State Historic Park is located in Downtown Los Angeles on Spring Street. The park is located just about a mile away from Los Angeles Union Station making it accessible from several routes. Parking will be available on the day of the event for a fee at the normal parking rate.

Please bring a valid I.D. There will be light snacks and refreshments available for runners to fuel up on for race day. We recommend that you come to the packet pick up day to avoid lines on race day. You want to spend as much time relaxing and taking in the beautiful view of the park on the day of the event. If you cannot make it to the packet pick up day don’t worry! You may pick up your shirt and goodie bag on race day as well.

Participants, friends or family can pick up for other participants with:

1. That person’s signed waiver
2. A photocopy or picture of that person’s ID (pictures via smart phone are acceptable)

TRANSFERS
There will be no refunds for this event. No exceptions. However, bib transfers are available online through www.activeendurance.com using your login information. $5.00 fee is applied to all transferred bibs. The last day to transfer bibs is October 20, 2018. Transfers can also be done during race packet pick-up on October 21 in-person. You will need to have the following:

1. The original e-mail registration confirmation along with original runner photocopied ID + new runner photo ID
2. New participant fills out the transfer form
3. Pay the $5.00 transfer fee

RUNCH LOCATION
The Champagne Runch 5k will start and finish at Los Angeles State Historic Park, 1245 N. Spring Street, Los Angeles, CA 90012

TIMING
The Champagne Runch is not an official timed event. Runners are responsible for recording their own start and finish times.
PARKING
Since Runch is about spending quality time with the people you care about, we highly recommend carpooling to the event (It’s always smart to have a designated driver since champagne bottles will be popping!). If everyone in the party is going to be drinking, just call UBER or LYFT to pick you up and drop you off! DO NOT DRINK AND DRIVE!

Los Angeles State Historic Park is located in Downtown Los Angeles on 1245 N. Spring Street. Parking for the event will available at the park. We have taken the liberty of covering all daily parking fees for our Runch participants. We are accepting donations for event parking, all of which will be donated to SPCALA to help spread the love to all the animals in their care. We hope you will consider donating to this great cause... every little bit helps!

Additional parking is available in the overflow parking area adjacent to the park. Please reference the map below for directions.
WRISTBAND POLICY / BIB POLICY
Runners participating in this event must wear designated wristbands and race bib at all times throughout the event.

21+ Over Wristband
Anyone on the event grounds that is 21+ will be given a wristband. Wristband must remain on at all times during the event. No exceptions. Anyone caught transferring these wristbands will be removed from the event and reported to the proper authorities.

Brunch Wristband
Runners must wear their brunch wristband to redeem each course included in their 5-course brunch. Each restaurants logo represents each course of your meal. You may redeem each course as you please any time after the run.***Donuts may be redeemed during the run (carb load station) or at the finish line brunch area after the run. Pick up at the information booth.

Champagne Wristbands
Runners will be given (1) champagne bib tag, which may be used at the bar to redeem their complimentary champagne/mimosa. If you’ve purchased additional glasses prior to race day, additional drink tickets will be given corresponding with the number of glasses you purchased.

Wristbands must be picked up on the day of the event at the check-in/security tent.
***Bartenders will collect bib tags and drink tickets once redeemed.
***May be redeemed for non-alcoholic beverage.

Bib Tags
Homebrewed Bar (good for one coffee)
California Donuts (good for one donut)
Glass of Champagne (good for one glass)

Runners may redeem their beverage/donut at anytime during the event. Simply peel off the tag and redeem it at the corresponding vendor booth.

WHAT’S FOR BRUNCH
Home Brewed Bar: Serving their signature Matcha Pistachio Latte and Vanilla Toddy Latte

California Donuts: Serving a variety of Classic and Specialty donuts at our Signature carb load station

Pollen: Serving their Lemon Poppy Seed Pancakes

Cheezus LA: Serving their Incredible Hulk Grilled Cheese Sandwich (bacon | avocado | lime aioli | red pepper chili | fried egg)

LA Brisket: Serving a few of their Signature Slow Cooked meats (beef brisket, chicken)

Dandy Ice Cream: Serving two of their most popular Artisan House-made Ice Creams
**RUNCH TIMELINE**

7:30am: Doors open (Race packet and BIB pickup will be open)
8:15am: 1st wave warm-up and stretch
8:30am: Wave 1 race start
8:45am: 2nd wave warm-up and stretch
9:00am: Wave 2 race start
9:00am: Brunch vendors will be open for runners that cross the finish line
9:15am: 3rd wave warm-up and stretch
9:30am: Wave 3 race start
10:00am: Runch celebration for all race finishers! (there will be music, games, food, photo booths to capture all the memories, and prize giveaways for everyone!)
12:30pm: Official end time

**THE BRUNCH!**

After the race, all runners will treated to a complimentary glass of champagne and a 5-course brunch (5 different dishes) catered by 5 popular restaurants. Our goal is to give runners an opportunity to enjoy dishes from some of the best restaurants and food establishments in the city.

We have a separate picnic area located on the event ground where runners can meet their families and friends for a nice brunch overlooking Downtown Los Angeles.

**RULES AND REGULATIONS**

The Champagne Runch will take place rain or shine, unless for an unforeseen reason, city officials deem it unsafe. In the event our race is cancelled, a reschedule date will be set and all entries will be transferred. No refunds will be given. Unfortunately lockers WILL NOT be provided for your belongings, please plan accordingly and leave important items in your vehicle, with a friend or family member, or bring a running waist pack. Champagne Runch will not be held responsible for any lost personal items.

**ALLOWED**

Strollers and walkers. We ask that any participants that have strollers or are walking, start towards the back of their wave time and allow runners to start first.

**NOT ALLOWED**

Bicycles, scooters, roller blades, roller skates, skateboards, pets. NO OUTSIDE FOOD OR DRINKS.

**EVENT UPDATES**

Any live updates and changes will be posted on our website and other social media outlets.

MAKE SURE TO FOLLOW US! 📲📸 @champagne_runch

**QUESTIONS**

Please e-mail us at Info@champagnerunch.com. GET READY TO RUN FOR THE MOMENT AND TOAST TO THE MEMORIES!
Runch Route

**Runch 3’s 5K route consists of 2 laps around LA Historic State Park.

**Water station will be located where laps 1/2 split so runners will be able to hydrate twice during the run.

**California donuts carb load station is located along lap 2 as runners near the end of the run.

**We encourage runners to redeem their donuts at the carb loading station. However, they may also be redeemed after the run at the “information” booth located in the brunch area.